



Sushi Es Castell restaurante

C/ de Sa Font, 1 · Es Castell · Menorca · Tel. Reservas: **871 902 779**
Open every day from 12 h at 16 h and from 19 h at 23 h

Nigiri (2 pieces)

- 1. Salmon 4.65
- 2. Seared Salmon (Castell sauce) 4.95
- 3. Tuna 5.35
- 4. Flamed Butterfish 4.95
- 5. Prawn 4.45
- 6. Eel 5.35
- 7. Tobiko. Flying fish roe 5.35

Maki (8 pieces)

- 11. Salmon 6.25
- 12. Tuna 7.25
- 13. Avocado and cucumber 5.55
- 14. Salmon and cream cheese 6.85
- 15. Salmon and avocado 6.85
- 16. Butterfish 5.75
- 17. Crab stick and avocado 5.75

Sashimi (9 pieces)

- 21. Salmon 14.45
- 22. Tuna 17.45
- 23. Butterfish 13.45
- 24. Mixed (3 Tuna, 3 Salmon, 3 Butterfish) 15.45

Tartare

- 25. Salmon (Avocado, mango, salmon, kimochi sauce, tobiko) 14.45
- 26. Tuna (Avocado, mango, tuna, kimochi sauce, black tobiko) 16.45

Tataki (9 pieces)

- 27. Salmon (Crispy onion, avocado, ponzu sauce, sesame) 15.45
- 28. Tuna (Crispy onion, avocado, ponzu sauce, sesame) 18.45

Temaki (1 piece)

- 31. Salmon (Salmon, avocado, lettuce, mayonnaise, tobiko) 5.45
- 32. Tuna (Tuna, avocado, lettuce, mayonnaise, tobiko) 5.95
- 33. Butterfish (Butterfish, avocado, lettuce, mayonnaise, black tobiko) 5.45
- 34. Eel (Eel, avocado, lettuce, eel sauce, sesame) 5.95
- 35. Tempura prawn (Tempura prawn, avocado, lettuce, teriyaki sauce, sesame) 5.95

Maki crispy (8 pieces)

- 41. Salmon (Teriyaki sauce, sesame) 7.75
- 42. Tuna (Teriyaki sauce, sesame) 8.25
- 43. Butterfish (Teriyaki sauce, sesame) 7.75
- 44. Crab stick (Teriyaki sauce, sesame) 7.75
- 45. Duck (Teriyaki sauce, sesame) 8.25

Futomaki (8 pieces)

- 46. Vegetable tempura roll (Carrot, zucchini, red bell pepper, green bell pepper, onion, teriyaki sauce, sesame) 13.45
- 47. Castell (Tuna, salmon, butterfish, crab stick, cucumber, avocado, wakame, prawn) 13.45

Maki roll (8 pieces)

- 51. California sesame roll (Crab stick, avocado, mayonnaise, wrapped in sesame) 9.45
- 52. Philadelphia Tuna cheese roll (Tuna, avocado, cheese, wrapped in sesame) 12.45
- 53. Philadelphia Salmon cheese roll (Salmon, avocado, cheese, wrapped in sesame) 11.45
- 54. Uramaki salmon roll (Salmon, avocado, cheese, wrapped in salmon) 12.45
- 54A. Tuna Uramaki roll (Tuna, avocado, cheese, wrapped in tuna) 14.45
- 55. Spicy salmon roll (Salmon, crispy onion, spicy, wakame, tobiko) 13.45
- 56. Spicy tuna roll (Tuna, crispy onion, spicy, wakame, tobiko) 14.45
- 57. Crunch roll (Crab stick, avocado, mayonnaise, with crispy onion and teriyaki sauce) 10.45
- 58. Dragon roll (Shrimp tempura, crab stick, wrapped in avocado, teriyaki sauce and sesame) 12.45
- 59. Rainbow roll (Crab stick, avocado, mayonnaise, wrapped in salmon, tuna, butterfish, avocado, teriyaki sauce and sesame) 13.45
- 60. Uramaki eel roll (Eel, avocado, cheese, wrapped in eel, eel sauce, sesame) 14.95
- 61. Soft Shell crab tempura roll (Soft Shell crab, lettuce, wrapped in sesame, mayonnaise and spicy) 14.95
- 62. Crispy chicken roll (Crispy chicken, cucumber, wrapped in sesame and teriyaki sauce) 10.45
- 62A. Chicken with cheese roll (Crispy chicken, wrapped with flamed cheese, tobiko and teriyaki sauce) 12.45
- 63. Flamed butterfish roll (Butterfish, crispy onion, wrapped in flamed butterfish, castell sauce and sesame) 12.95
- 64. Banana tempura roll (Banana, Nutella, cashew and teriyaki sauce) 12.45
- 65. Salmon tempura roll (Salmon, avocado, cheese, teriyaki sauce and sesame) 12.45
- 66. Tuna tempura roll (Tuna, avocado, cheese, teriyaki sauce and sesame) 14.95
- 67. Flamed salmon roll (Salmon, avocado, cheese, wrapped in flamed salmon, castell sauce and sesame) 14.95
- 68. Mango vegetable roll (Mango, avocado, cheese, wrapped in avocado, mango sauce) 11.45
- 69. Castell roll (Prawn tempura, avocado, cheese, wrapped in seared beef and teriyaki sauce) 14.95

Sets

- 71. Set 1 (8 pieces) (2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri) 15.45
- 72. Set 2 (16 pieces) (4 salmon maki, 4 tuna maki, 4 cucumber maki, 4 avocado maki) 12.45
- 73. Set 3 (16 pieces) (4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki) 14.45
- 74. Set 4 (20 pieces) (4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki, 1 tuna nigiri, 1 salmon nigiri, 1 butterfish nigiri, 1 prawn nigiri) 22.45
- 75. Set 5 (16 pieces) (4 salmon nigiri, 4 salmon sashimi, 4 avocado uramaki, 4 salmon uramaki) 21.95
- 76. Set 6 (16 pieces) (4 tuna nigiri, 4 tuna sashimi, 4 avocado uramaki, 4 tuna uramaki) 24.95
- 77. Set 7 (33 pieces) (4 tuna maki, 4 salmon maki, 3 tuna sashimi, 3 salmon sashimi, 3 butterfish sashimi, 2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri, 4 salmon uramaki, 4 tuna uramaki) 41.95

Salads

- 100. Wakame (Shrimp, tobiko, lettuce) 6.45
- 101. Castell (Lettuce, crab, avocado, shrimp, salmon, tomato, corn, spicy mayonnaise) 12.95

Starters

- 102. Edamame 4.95
- 103. Vegetable roll (4) 3.35
- 103A. Mango chicken roll (4) 5.95
- 104. Samosa curry (4) 3.35
- 105. Har Gow (4) (Steamed dumplings stuffed with shrimp and bamboo) 6.95
- 106. Shu Mai (4) (Steamed with meat and mushroom stuffing) 6.95
- 107. Xiao Long bao (4) (Steamed dumplings with pork and chinese cabbage) 6.95
- 108. Chicken Gyoza (4) (Pan fried chicken and veggie dumplings) 5.95
- 109. Shrimp gyoza (4) (Pan fried shrimp and veggie dumplings) 6.45
- 109A. Vegetable Gyoza (4) 5.95
- 110. Fried Chicken brochette (Satay sauce) 10.95
- 111. Fried Shrimp brochette (Sate sauce) 13.95
- 112. Assorted tempura (10) (Green bell pepper, red bell pepper, carrot, zucchini, shrimp) 12.95
- 311. Shrimp tempura (1) 2.35

Soup

- 113. Miso (Wakame, tofu and chive) 5.45
- 114. Wonton (4) (Pork, chive and ginger stuffing) 5.95
- 115. Thailand (Shrimp or chicken) (Cherry tomato, basil, lemongrass, blue ginger) 5.95
- 116. Chicken with corn 5.95
- 117. Tom yum gong (Shrimp, lemongrass, corn, mushrooms, tom yum sauce) 5.95
- 118. Hot and sour 5.95

Rice

- 120. Egg fried rice 4.95
- 121. Black rice (Shrimp, crab stick, carrot, chive, egg and soy sauce) 8.95
- 122. Castell (Chicken, beef, shrimp, carrot, edamame, corn and egg) 8.95
- 123. White rice 2.95
- 124. Sushi rice 3.45

Noodles

- 130. Yakisoba (Chicken, beef, shrimp and vegetable) 9.45
- 131. Yaki udon (Shrimp, vegetable and otafuku sauce) 9.45
- 132. Pad Thai (Rice noodles, egg, shrimp, vegetable, peanut, lime, mint, tamarind sauce and spicy sauce) 9.45
- 133. Singapore (Rice noodle, chicken, beef, shrimp, yellow curry and spicy sauce) 9.45
- 135. With Vegetable 7.45

Chicken

- 138. Lemon chicken 9.95
- 139. Cashews chicken 9.95
- 140. Chicken with vegetable 9.95
- 141. Sweet and sour chicken 9.95
- 142. Red curry chicken (Hot red curry, coconut milk and vegetable) 9.95
- 143. Katse chicken (Crispy chicken fillets) 9.95

Beef

- 144. Oyster sauce 11.45
- 145. Black bean 11.45
- 146. Leek and ginger grilled 11.45
- 147. Caramelized (Crispy fillets, sweet and sour mild chilli) 11.45
- 148. Green curry (Hot green curry, coconut milk and vegetable) 11.45

Shrimps

- 150. Garlic 14.45
- 151. Spicy (Vegetable) 14.45
- 152. Oyster sauce (Vegetable) 14.45
- 153. Red curry (Hot red curry, coconut milk and vegetable) 14.45

Duck

- 155. Peking duck 18.95 (Cucumber, leek, hoisin sauce, 6 pancakes)
- 156. Duck with orange sauce 17.95
- 157. Canton grilled 18.95

Ribs

- 160. Sweet and sour 9.95
- 161. Salt and pepper (6) 9.95
- 162. Fried (6) 9.95

Chicken wings

- 165. Fried (6) 9.95
- 166. Salt and pepper (6) 9.95

Midday menu

From monday to friday except holidays

A: (choose)

- Vegetable tempura
- Wakame
- Vegetable roll (3)
- Edamame
- Samosa curry (3)
- Soup Miso

B: (choose)

- Vegetable noodles
- Egg fried rice
- White rice
- Chicken gyoza (4)

Choose: A+B+C

C1: (choose)

- Chicken with vegetable
 - Sweet and sour chicken
 - Beef with oyster sauce
 - Yellow curry with beef
- 13.95€**

C2: (choose)

- Spicy shrimp
 - Shrimp with vegetable
 - Fried duck
- 14.95€**

C3 (11 pieces)

- 4 Salmon maki
 - 4 Maki roll salmon cheese
 - 3 Salmon nigiri
- 15.95€**

C4 (10 pieces)

- 4 Salmon uramaki
 - 3 Salmon sashimi
 - 3 Salmon nigiri
- 16.95€**

(Included glass of house wine or water or soft drink or beer and dessert or coffee or infusions)

! If you have any allergies, check with the staff.



FISH COMES FROZEN

ALL PRICES ARE VAT INCLUDED