



# Sushi Es Castell restaurante

C/ de Sa Font, 1 - Es Castell - Menorca - Tel. Reservas: 871 902 779  
Open every day from 12 h at 16 h and from 19 h at 23 h

## Nigiri (2 pieces)

1. Salmon	4.85
2. Seared Salmon (Castell sauce)	5.15
3. Tuna	5.55
4. Flamed Butterfish	5.15
5. Prawn	4.65
6. Eel	5.55
7. Tobiko. Flying fish roe	5.55

## Maki (8 pieces)

11. Salmon	6.45
12. Tuna	7.45
13. Avocado and cucumber	5.75
14. Salmon and cream cheese	7.15
15. Salmon and avocado	7.15
16. Butterfish	5.95
17. Surimi and avocado	5.95

## Sashimi (9 pieces)

21. Salmon	14.95
22. Tuna	17.95
23. Butterfish	13.95
24. Mixed (3 Tuna, 3 Salmon, 3 Butterfish)	15.95

## Tartare

25. Salmon (Avocado, mango, salmon, kimochi sauce, tobiko)	14.95
26. Tuna (Avocado, mango, tuna, kimochi sauce, black tobiko)	16.95

## Tataki (9 pieces)

27. Salmon (Crispy onion, avocado, ponzu sauce, sesame)	15.95
28. Tuna (Crispy onion, avocado, ponzu sauce, sesame)	18.95

## Temaki (1 piece)

31. Salmon (Salmon, avocado, lettuce, mayonnaise, tobiko)	5.65
32. Tuna (Tuna, avocado, lettuce, mayonnaise, tobiko)	6.15
33. Butterfish (Butterfish, avocado, lettuce, mayonnaise, black tobiko)	5.65
34. Eel (Eel, avocado, lettuce, eel sauce, sesame)	6.15
35. Tempura prawn (Tempura prawn, avocado, lettuce, teriyaki sauce, sesame)	6.15

## Maki crispy (8 pieces)

41. Salmon (Teriyaki sauce, sesame)	7.95
42. Tuna (Teriyaki sauce, sesame)	8.45
43. Butterfish (Teriyaki sauce, sesame)	7.95
44. Surimi (Teriyaki sauce, sesame)	7.95
45. Duck (Teriyaki sauce, sesame)	8.45

## Futomaki (8 pieces)

46. Vegetable tempura roll (Carrot, zucchini, red bell pepper, green bell pepper, onion, teriyaki sauce, sesame)	13.95
47. Castell (Tuna, salmon, butterfish, surimi, cucumber, avocado, wakame, prawn)	13.95

## Maki roll (8 pieces)

51. California sesame roll (Surimi, avocado, mayonnaise, wrapped in sesame)	9.95
52. Philadelphia Tuna cheese roll (Tuna, avocado, cheese, wrapped in sesame)	12.95
53. Philadelphia Salmon cheese roll (Salmon, avocado, cheese, wrapped in sesame)	11.95
54. Uramaki salmon roll (Salmon, avocado, cheese, wrapped in salmon)	12.95
54A. Tuna Uramaki roll (Tuna, avocado, cheese, wrapped in tuna)	14.95
55. Spicy salmon roll (Salmon, crispy onion, spicy, wakame, tobiko)	13.95
56. Spicy tuna roll (Tuna, crispy onion, spicy, wakame, tobiko)	14.95
57. Crunch roll (Surimi, avocado, mayonnaise, with crispy onion and teriyaki sauce)	10.95
58. Dragon roll (Shrimp tempura, surimi, wrapped in avocado, teriyaki sauce and sesame)	13.45
59. Rainbow roll (Surimi, avocado, mayonnaise, wrapped in salmon, tuna, butterfish, avocado, teriyaki sauce and sesame)	13.95
60. Uramaki eel roll (Eel, avocado, cheese, wrapped in eel, eel sauce, sesame)	14.95
61. Soft Shell crab tempura roll (Soft Shell crab, lettuce, wrapped in sesame, mayonnaise and spicy)	14.95
62. Crispy chicken roll (Crispy chicken, cucumber, wrapped in sesame and teriyaki sauce)	11.45
62A. Chicken with cheese roll (Crispy chicken, wrapped with flamed cheese, tobiko and teriyaki sauce)	12.95
63. Flamed butterfish roll (Butterfish, crispy onion, wrapped in flamed butterfish, castell sauce and sesame)	13.45
64. Banana tempura roll (Banana, Nutella, cashew and teriyaki sauce)	12.45
65. Salmon tempura roll (Salmon, avocado, cheese, teriyaki sauce and sesame)	12.95
66. Tuna tempura roll (Tuna, avocado, cheese, teriyaki sauce and sesame)	14.95
67. Flamed salmon roll (Salmon, avocado, cheese, wrapped in flamed salmon, castell sauce and sesame)	14.95
68. Mango vegetable roll (Mango, avocado, cheese, wrapped in avocado, mango sauce)	11.95
69. Castell roll (Prawn tempura, avocado, cheese, wrapped in seared beef, teriyaki sauce and sesame)	14.95
70. Duck roll (Fried duck, cucumber, chive, crispy onion wrap, teriyaki sauce)	14.95

## Sets

71. Set 1 (8 pieces) (2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri)	15.95
72. Set 2 (16 pieces) (4 salmon maki, 4 tuna maki, 4 cucumber maki, 4 avocado maki)	12.95
73. Set 3 (16 pieces) (4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki)	14.95
74. Set 4 (20 pieces) (4 salmon maki, 4 tuna maki, 4 California with sesame, 4 salmon uramaki, 1 tuna nigiri, 1 salmon nigiri, 1 butterfish nigiri, 1 prawn nigiri)	22.95
75. Set 5 (16 pieces) (4 salmon nigiri, 4 salmon sashimi, 4 avocado uramaki, 4 salmon uramaki)	21.95
76. Set 6 (16 pieces) (4 tuna nigiri, 4 tuna sashimi, 4 avocado uramaki, 4 tuna uramaki)	25.95
77. Set 7 (33 pieces) (4 tuna maki, 4 salmon maki, 3 tuna sashimi, 3 salmon sashimi, 3 butterfish sashimi, 2 salmon nigiri, 2 tuna nigiri, 2 butterfish nigiri, 2 prawn nigiri, 4 salmon uramaki, 4 tuna uramaki)	42.95

## Salads

100. Wakame (Shrimp, tobiko, lettuce)	6.95
101. Castell (Lettuce, surimi, avocado, shrimp, salmon, tomato, corn, spicy mayonnaise)	13.45

## Starters

102. Edamame	5.35
103. Vegetable roll (4)	3.55
103A. Mango chicken roll (4)	5.95
104. Samosa curry (4)	3.55
104A. Takoyaki (5)	8.95
105. Har Gow (4) (Steamed dumplings stuffed with shrimp and bamboo)	6.95
106. Shu Mai (4) (Steamed with meat and mushroom stuffing)	6.95
107. Xiao Long bao (4) (Steamed dumplings with pork and chinese cabbage)	6.95
108. Chicken Gyoza (4) (Pan fried chicken and veggie dumplings)	5.95
109. Shrimp gyoza (4) (Pan fried shrimp and veggie dumplings)	6.45
109A. Vegetable Gyoza (4)	5.95
110. Fried Chicken brochette (2) (Satay sauce)	5.75
111. Fried Shrimp brochette (2) (Satay sauce)	7.45
112. Assorted tempura (10) (Green bell pepper, red bell pepper, sweet potato, zucchini, shrimp)	12.95
311. Shrimp tempura (1)	2.35
312. Shrimp bread	3.50
313. Chinese bread	2.95

## Soup

113. Miso (Wakame, tofu and chive)	5.95
114. Wonton (4) (Pork, chive and ginger stuffing)	6.45
115. Thailand (Shrimp or chicken) (Cherry tomato, basil, lemongrass, blue ginger)	6.45
116. Chicken with corn	6.45
117. Tom yum gong (Shrimp, lemongrass, corn, mushrooms, tom yum sauce)	6.45
118. Hot and sour	6.45

## Rice

120. Egg fried rice (Shrimp, surimi, egg, vegetable and soy sauce)	5.95
121. Black rice (Shrimp, surimi, egg, vegetable and soy sauce)	9.45
122. Castell (Chicken, beef, shrimp, carrot, edamame, corn and egg)	9.45
123. White rice	3.50
124. Sushi rice	3.95

## Ramen (Choice of sauce: shoyu or miso)

128. Chicken Katsu Ramen (Bamboo, egg, pak choi, naruto, seaweed, bean sprout, chives)	14.95
129. Fried Duck Ramen (Bamboo, egg, pak choi, naruto, seaweed, bean sprout, chives)	14.95

## Noodles

130. Yakisoba (Chicken, beef, shrimp and vegetable)	9.95
131. Yaki udon (Shrimp, vegetable and otafuku sauce)	9.95
132. Pad Thai (Rice noodles, egg, shrimp, vegetable, peanut, lime, mint, tamarind sauce and spicy sauce)	9.95
133. Singapore (Rice noodle, chicken, beef, shrimp, yellow curry, spicy sauce and egg)	9.95
135. With Vegetable	7.95

## Chicken

137. Hong Kong Chicken	10.45
138. Lemon chicken	10.45
139. Cashews chicken	10.45
140. Chicken with vegetable	10.45
141. Sweet and sour chicken	10.45
142. Red curry chicken (Hot red curry, coconut milk and vegetable)	10.45
143. Katse chicken (Crispy chicken fillets)	10.45

## Beef

144. Oyster sauce	12.45
145. Black bean	12.45
146. Leek and ginger grilled (Crispy fillets, sweet and sour mild chilli)	12.45
147. Caramelized (Crispy fillets, sweet and sour mild chilli)	12.45
148. Green curry (Hot green curry, coconut milk and vegetable)	12.45
148A. Bamboo and Mushrooms	12.45

## Shrimps

150. Garlic (Vegetable)	14.95
151. Spicy (Vegetable)	14.95
152. Oyster sauce (Vegetable)	14.95
153. Red curry (Hot red curry, coconut milk and vegetable)	14.95

## Duck

155. Peking duck (Cucumber, leek, hoisin sauce, 6 pancakes)	19.95
156. Duck with orange sauce	19.95
157. Canton grilled	19.95
158. Fried duck	16.95

## Ribs

160. Sweet and sour	10.45
161. Salt and pepper (6)	10.45
162. Fried (6)	10.45

## Chicken wings

165. Fried (6)	10.45
166. Salt and pepper (6)	10.45

Extra sauce + 1€

## Midday menu From monday to friday except holidays

### A: (choose)

Vegetable tempura
Takoyaki (2)
Wakame
Vegetable roll (3)
Edamame
Samosa curry (3)
Soup Miso

### B: (choose)

Vegetable noodles
Egg fried rice
White rice
Chicken gyoza (4)

### Choose: A+B+C

#### C1: (choose)

Chicken with vegetable
Sweet and sour chicken
Beef with oyster sauce
Yellow curry with beef

14.95€

#### C2: (choose)

Spicy shrimp
Shrimp with vegetable
Fried duck

15.95€

#### C3 (11 pieces)

4 Salmon maki
4 Salmon cheese roll
3 Salmon nigiri

16.95€

#### C4 (10 pieces)

4 Salmon uramaki roll
3 Salmon sashimi
3 Salmon nigiri

17.95€

(Included glass of house wine or water or soft drink or beer and dessert or coffee or infusions)

! If you have any allergies, check with the staff.



FISH COMES FROZEN

ALL PRICES ARE VAT INCLUDED